MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Grocery Shopping	6 Minibus by Appt.	7 Registration Day Reflexology by Appt.	8 Minibus & Podiatrist by Appt	9
9:30 a.m. Bowling 9:30 a.m. Bridge 9:30 a.m. Model Builders 11:00 a.m. Arthritis Exercise 12:00 p.m. Woodcarving 1:00 p.m. Open Music	9:00 a.m. Pinochle 9:00 a.m. Up & Down the River 9:30 a.m. Bridge 9:30 a.m. Tai Chi – Beginner 9:30 a.m. Painting Workshop 10:45 a.m. Tai Chi – Intermediate 12:45 p.m. Line Dance 2:00 p.m. Geek Time	9:00 a.m. Get Together 9:00 a.m. Euchre 9:00 a.m. Scrabble 9:30 a.m. Hand & Foot 10:00 a.m. Cribbage 10:30 a.m. Birthday Celebration 11:00 a.m. Arthritis Exercise 11:30 a.m. Sack Lunch Serenade with Craig Marsden	9:30 a.m. Bridge 9:30 a.m. Calorie Conscious 9:30 a.m. Mah-Jongg 9:30 a.m. Stained Glass 9:30 a.m. Tai Chi – Beginner 10:45 a.m. Tai Chi – Intermediate	
		1:00 p.m. Sit-n-Stitch		Euchre & Pinochle Card Party 10:00 a.m. Purchase tickets by 12/7
		"Miracles from Heaven" Movie at the Sterling Heights Library - 10:00 a.m.	Lakeside	Holiday Shopping Chicago Style
		Dining Senior Style		8:15 a.m.
12 Grocery Shopping	Minibus by Appt.	Medicare Counseling & Reflexology by Appt.	15 Minibus & Podiatrist by Appt.	16
9:00 a.m. Pool Tournament 9:30 a.m. Bowling 9:30 a.m. Bridge 9:30 a.m. Model Builders 11:00 a.m. Arthritis Exercise 12:00 p.m. Woodcarving 1:00 p.m. Open Music	9:30 a.m. Bridge 9:30 a.m. Tai Chi – Beginner 10:45 a.m. Tai Chi – Intermediate 12:45 p.m. Line Dance 2:00 p.m. Painting Workshop	9:00 a.m. Get Together 9:00 a.m. Euchre 9:00 a.m. Scrabble 9:15 a.m. Blood Pressure 9:30 a.m. Hand & Foot 9:30 a.m. Music Appreciation 10:00 a.m. Cribbage 11:00 a.m. Arthritis Exercise 1:00 p.m. Sit-n-Stitch	9:30 a.m. Bridge 9:30 a.m. Calorie Conscious 9:30 a.m. Mah-Jongg 9:30 a.m. Stained Glass 9:30 a.m. Tai Chi – Beginner 10:45 a.m. Tai Chi – Intermediate 11:00 a.m. Snippety Quilters 12:45 p.m. Line Dance	Senior Activity Center & Senior Active Life Cente closed except for Senior Activity Center HOLDAY
		Dining Senior Style		Mannheim Steamroller Christmas at the
	Bingo 10:00 a.m.	Senior Active Life Center Closes at 4:15p.m.	Senior Active Life Center Closed	Fox Theatre 5:45 p.m.
19 Grocery Shopping 9:30 a.m. Bowling 9:30 a.m. Bridge 9:30 a.m. Model Builders 11:00 a.m. Arthritis Exercise 12:00 p.m. Woodcarving 1:00 p.m. Open Music	Minibus by Appt. 9:00 a.m. Pinochle 9:00 a.m. Up & Down the River 9:30 a.m. Bridge 9:30 a.m. Tai Chi – Beginner 9:30 a.m. Painting Workshop 10:45 a.m. Tai Chi – Intermediate 12:45 p.m. Line Dance 1:00 p.m. Production Party	P:00 a.m. Get Together 9:00 a.m. Euchre 9:00 a.m. Scrabble 9:30 a.m. Hand & Foot 10:00 a.m. Cribbage 11:00 a.m. Arthritis Exercise 1:00 p.m. Sit-n-Stitch	22 Minibus & Podiatrist by Appt 9:30 a.m. Bridge 9:30 a.m. Calorie Conscious 9:30 a.m. Mah-Jongg 9:30 a.m. Stained Glass 9:30 a.m. Tai Chi – Beginner 10:45 a.m. Tai Chi – Intermediate 12:45 p.m. Line Dance	Senior Activity Center & Senior Active Life Center closed for Christmas WE WE WOU M ME M M M M M M M M M M M
		Dining Senior Style		CHRISTMAS
Grocery Shopping		28	Minibus by Appt.	
	9:00 a.m. Pinochle 9:00 a.m. Up & Down the River 9:30 a.m. Bridge 9:30 a.m. Painting Workshop	9:00 a.m. Get Together 9:00 a.m. Euchre 9:00 a.m. Scrabble 9:30 a.m. Hand & Foot 10:00 a.m. Cribbage 11:00 a.m. Arthritis Exercise 1:00 p.m. Sit-n-Stitch	9:30 a.m. Bridge 9:30 a.m. Calorie Conscious 9:30 a.m. Mah-Jongg 9:30 a.m. Stained Glass	Senior Activity Center & Senior Active Life Cente closed for New Year
		Dining Senior Style		
Jan. 2	Jan. 3 Minibus by Appt.	Jan. 4 Registration Day Reflexology by Appt.		
	9:00 a.m. Pinochle 9:00 a.m. Up & Down the River 9:30 a.m. Bridge 9:30 a.m. Painting Workshop 9:30 a.m. Tai Chi – Beginner 10:45 a.m. Tai Chi – Intermediate 12:45 p.m. Line Dance	9:00 a.m. Get Together 9:00 a.m. Euchre 9:00 a.m. Scrabble 9:30 a.m. Hand & Foot 10:00 a.m. Cribbage 10:30 a.m. Birthday Celebration 11:00 a.m. Arthritis Exercise 1:00 p.m. Sit-n-Stitch	DECE	MBER.
		Dining Senior Style		**************************************

Sterling Heights Senior Activity Center Inclement Weather Guidelines
If Utica Community Schools or Warren Consolidated Schools are closed due to inclement weather, the Senior Activity
Center programs and transportation will be canceled. The Cancellation hotline, (586) 446-2693, is also available for
patrons to call anytime to find out if classes or transportation will be running.